

# JULY 2017

## Activity Calendar at the Senior Community Without Walls

03	MONDAY	04	TUESDAY	05	WEDNESDAY	06	THURSDAY	07	FRIDAY
<b>11AM</b>	Life Group Bible Study	<b>10AM</b>	Danishes with Mom	<b>10AM</b>	How to Use Facebook	<b>10AM</b>	Donuts with Dad	<b>11AM</b>	Adult Coloring (Materials Provided)
<b>LUNCH</b>	20% Off 2 Bistro Combos if you bring a child/grandchild!	<b>11<sup>30</sup>AM</b>	Retirement Options Education	<b>1<sup>30</sup>PM</b>	Board & Card Games	<b>11AM</b>	Books on the Porch	<b>1PM</b>	Euchre - Open Play
<b>2PM</b>	Coffee & Crosswords	<b>2PM</b>	Chair & Balance Exercise w/ Mike	<b>2<sup>30</sup>PM</b>	Yoga & Posture	<b>1PM</b>	Chair Exercise	<b>2PM</b>	Guest Presentation - Prophetstown State Park
<b>4PM</b>	Yoga & Posture	<b>3PM</b>	B.Y.O. Stitches	<b>3<sup>30</sup>PM</b>	Jeopardy Game	<b>2<sup>30</sup>PM</b>	Theatre Thursday - July - Classic Film Selection	<b>3<sup>30</sup>PM</b>	Live Music & Coffee

10	MONDAY	11	TUESDAY	12	WEDNESDAY	13	THURSDAY	14	FRIDAY
<b>11AM</b>	Life Group Bible Study	<b>10AM</b>	Danishes with Mom	<b>10AM</b>	How to Use Facebook	<b>10AM</b>	Donuts with Dad	<b>11AM</b>	Adult Coloring (Materials Provided)
<b>LUNCH</b>	20% Off 2 Bistro Combos if you bring a child/grandchild!	<b>11<sup>30</sup>AM</b>	Retirement Options Education	<b>1<sup>30</sup>PM</b>	Board & Card Games	<b>11AM</b>	Books on the Porch	<b>1PM</b>	Euchre - Open Play
<b>2PM</b>	Coffee & Crosswords	<b>2PM</b>	Guest Presentation - Healistic Healthcare	<b>2PM</b>	Guest Presentation - Tippecanoe Arts Federation	<b>1PM</b>	Chair Exercise	<b>2PM</b>	Zumba Gold
<b>4PM</b>	Yoga & Posture	<b>3PM</b>	B.Y.O. Stitches	<b>3<sup>30</sup>PM</b>	Jeopardy Game	<b>2<sup>30</sup>PM</b>	Theatre Thursday - July - Classic Film Selection	<b>3<sup>30</sup>PM</b>	Live Music & Coffee

17	MONDAY	18	TUESDAY	19	WEDNESDAY	20	THURSDAY	21	FRIDAY
<b>11AM</b>	Life Group Bible Study	<b>10AM</b>	Danishes with Mom	<b>10AM</b>	How to Use Facebook	<b>10AM</b>	Donuts with Dad	<b>11AM</b>	Adult Coloring (Materials Provided)
<b>LUNCH</b>	20% Off 2 Bistro Combos if you bring a child/grandchild!	<b>11<sup>30</sup>AM</b>	Retirement Options Education	<b>1<sup>30</sup>PM</b>	Board & Card Games	<b>11AM</b>	Books on the Porch	<b>1PM</b>	Euchre - Open Play
<b>2PM</b>	Coffee & Crosswords	<b>2PM</b>	Chair & Balance Exercise w/ Mike	<b>2<sup>30</sup>PM</b>	Yoga & Posture	<b>1PM</b>	Chair Exercise	<b>2PM</b>	Zumba Gold
<b>4PM</b>	Yoga & Posture	<b>3PM</b>	B.Y.O. Stitches	<b>3<sup>30</sup>PM</b>	Jeopardy Game	<b>2<sup>30</sup>PM</b>	Theatre Thursday - July - Classic Film Selection	<b>3<sup>30</sup>PM</b>	Live Music & Coffee
						<b>5<sup>30</sup>PM</b>	Paint & Party (Invitation Only)		

24/31	MONDAY	25	TUESDAY	26	WEDNESDAY	27	THURSDAY	28	FRIDAY
<b>11AM</b>	Life Group Bible Study	<b>10AM</b>	Danishes with Mom	<b>10AM - 2PM</b> <b>"DISCOVERY DAY"</b> Free Preview of Activities!  <b>2PM - ???</b> Membership Q&A Session		<b>10AM</b>	Donuts with Dad	<b>11AM</b>	Adult Coloring (Materials Provided)
<b>LUNCH</b>	20% Off 2 Bistro Combos if you bring a child/grandchild!	<b>11<sup>30</sup>AM</b>	Retirement Options Education			<b>11AM</b>	Books on the Porch	<b>1PM</b>	Euchre - Open Play
<b>2PM</b>	Coffee & Crosswords	<b>2PM</b>	Chair & Balance Exercise w/ Mike			<b>1PM</b>	Chair Exercise	<b>2PM</b>	Zumba Gold
<b>4PM</b>	Yoga & Posture	<b>3PM</b>	B.Y.O. Stitches			<b>2<sup>30</sup>PM</b>	Theatre Thursday - July - Classic Film Selection	<b>3<sup>30</sup>PM</b>	Live Music & Coffee

# Highlights this month...

Ask us about our  
**\$99 TRIAL MEMBERSHIP PACKAGE!**  
*\$250 value! Limited time only!*

## **WED 7/26** DISCOVERY DAY

Have you ever wanted to see what the Senior Community Without Walls is all about? What if you could come for a few hours to preview some of the activities and special events we offer daily? Join us on "Discovery Day" to do just that! We'll have multiple stations set up with different "samples" for you to try - guest speakers, fitness instruction, Bridge club, catered lunch (\$12 per person), & MUCH more will be going throughout the day for you to explore at your leisure. Stop by for a bit or stay for the entire session, 10am-2pm! Open Consultations immediately following.

## SPECIAL GUEST SPEAKERS **DATES VARY**

**Take some time to learn something new from great people in our community!**

**Fri, 7/7:** Nature makes the best bouquets! Learn about prairie wilflowers at Prophetstown State Park at 2pm

**Tues, 7/11:** 'Everything You Want to Know about Acupuncture' with Dr. Molin from Healistic Healthcare at 2pm

**Fri, 6/23:** Explore your creative side with Teia Lee as she shares about the Tippecanoe Arts Federation at 2pm

## **TUES & THURS** BOOKS ON THE PORCH

Throughout this summer & fall, we invite you to bring a book and enjoy reading on our new patio set out front (weather permitting). We'll be serving fresh-brewed iced tea, coffee, and a light treat to enjoy as we all dive into our literary mental getaway! 11am on Thursdays.

## HOW TO USE FACEBOOK **WEDNESDAYS**

How would you like to be able to keep up-to-date on the lives of your friends and loved ones, and to share your life with your loved ones as well? Whether you're brand new to Facebook & other social media, or if you just need help getting through Facebook's many features, we are here to help! Please bring the smart phone, tablet, and/or laptop you usually use so we can best teach you how to use them.

## **MONDAYS** 20% OFF AT THE GETAWAY BISTRO

Spend time with your child or grandchild AND enjoy a great deal on a delicious farm-fresh meal in our Getaway Bistro! Receive 20% off 2 combos (includes sandwich, soup, macaroni/potato salad, and a cookie) when you bring your child or grandchild with you for lunch on Mondays.

**GETAWAY BISTRO Hours: 11:30am - 1:30pm, Monday - Friday**