



COMMUNITY *connection* for Seniors

January 2020

Find out what's new at the
EDUCATION & EVENT CENTER

Does your Medicare Advantage Plan include **SilverSneakers**?



SilverSneakers
by Tivity Health

Enjoy low-impact senior-only exercise classes instructed by our certified **SilverSneakers** instructor, Coach Mike.

Not sure of your SilverSneakers Status? Call 866-584-7389

Strength & Balance Class Schedule

Tuesday: 2pm-3pm
Thursday: 10am-11am

Other Homecare By Design Services:

Personal Service Agency 765.446.8080

Membership: Did you know?

Some of our services can be provided on an "ala carte" basis such as our **Clubhouse Only Membership at just \$39/month**. But, did you know you can save more money and time by bundling services together to make a complete package tailor-made just for you! A popular package is combining the Clubhouse for year-round activities, the NEW Members only Handyman Service & for even more peace of mind **Guaranteed access to our Award-Winning Homecare Services**, if needed 4-24 hours a day. You may also include our **Hospital to home** service to support you during a hospital stay, communicate with loved ones on your behalf, drive you home at discharge, stay with you if needed, pick up medications, groceries and arrange follow up appointments. Life just got easier! Setting Appointments for January. **CALL NOW!**

Quality Creativity: Creativity is not only a great outlet for anyone, but it also helps with maintaining/improving memory, coordination, & dexterity. For our Monday Do-It-Yourself projects, we'll help you create various works of DIY Art from start to finish. **Please call in advance to reserve your spot – we'll gather the supplies and have a seat waiting for you!**

**CALL US TODAY FOR A
FREE *Membership Consultation!***



Caring
for **YOU**
& **YOUR**
home so
you never
have to
leave!

917 Sagamore Pkwy W. • West Lafayette

Planning a Party?



Call Us to Book Your Next Event!

January 2020

Calendar of *events*

RSVP to our Hello Friend
Brunch by Monday the 13th.
Call 765.464.8080

WEDNESDAY 01



THURSDAY 02

10am
Silver Sneakers
Strength & Balance

FRIDAY 03

11am Coffee &
World Events
1pm
Men's Sports Club

MONDAY 06

11am Life Group
12pm **DIY Project**
Vision Boards
Bring Magazines
2pm Film Society
"Little Women"

TUESDAY 07

12pm Tech Talk
2pm
Silver Sneakers
Strength & Balance

WEDNESDAY 08

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 09

10am
Silver Sneakers
Strength & Balance

FRIDAY 10

9am Kiwanis Doll
Stuffing
11am
Hot Cocoa Social
1pm
Men's Sports Club

MONDAY 13

11am Life Group
12pm **DIY Project**
Homemade Candles -\$5
2pm Film Society
Pride and Prejudice

TUESDAY 14

12pm Tech Talk
2pm
Silver Sneakers
Strength & Balance

WEDNESDAY 15

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 16

10am
Silver Sneakers
Strength & Balance
11:30am
Hello Friend Brunch
Show & Tell with
Vinayak

FRIDAY 17

10am
Book Club Meeting
1pm
Men's Sports Club

MONDAY 20

11am Life Group
12pm **DIY Project**
Homemade Muscle Pain
Relief Cream-\$5
2pm Film Society
"A Streetcar Named Desire"

TUESDAY 21

12pm Tech Talk
2pm
Silver Sneakers
Strength & Balance

WEDNESDAY 22

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 23

10am
Silver Sneakers
Strength & Balance

FRIDAY 24

11am
Hot Cocoa Social
1pm
Men's Sports Club

MONDAY 27

11am Life Group
12pm **DIY Project**
Cherry Blossom Tree
Painting -\$5
2pm Film Society
"East of Eden"

TUESDAY 28

12pm Tech Talk
2pm
Silver Sneakers
Strength & Balance

WEDNESDAY 29

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 30

10am
Silver Sneakers
Strength & Balance

FRIDAY 31

11am Coffee &
World Events
1pm
Men's Sports Club

The Clubhouse offers a variety of activities, workshops and seminars that are all open to the community.

Please Note – PINK events are paid entry only, but are FREE for community Without Walls Members.



A Senior Living
Community
WITHOUT WALLS

765.464.8080
homecarebydesign.com

The Clubhouse

917 Sagamore Pkwy W.
West Lafayette, IN 47906