



COMMUNITY connection

February 2022

ANNOUNCEMENTS

We are looking for volunteers who would enjoy leading an activity or group at The Clubhouse!

- ❖ Dance Classes
- ❖ Sewing Group
- ❖ Quilting Club
- ❖ Card Groups
- ❖ Tech Group
- ❖ Needlepoint Group
- ❖ Book Club
- ❖ Art Classes
- ❖ Gardening

Interested in something that's not listed above? Let us know!

EVENTS

Hello Friend Brunch & Learn

THURS FEB 17th at
11:30AM



Presenter: Jenna Parks Freeman
Topic: The History of Prophetstown

RSVP BY 02/14 – 765.464.8080
RSVP REQUIRED

FREE VISION SCREENING



Presenter: Charlie Short
of the Lafayette Lions
Club
Topic: Vision Health and
Lions Programs

MON FEB 21ST at 11AM

RSVP BY 02/17 – 765.464.8080

HOW TO PREVENT A FALL Educational Workshop



Presenter: Garry Gumasing,
PT, CWS, LSVT-BIG

Midwest winters can be
beautiful, but ice and snow
increase your risk of falling.



MON FEB 28TH at
11AM

RSVP BY 02/24 – 765.464.8080

STRENGTH & BALANCE

Educational Workshop



Presenter: Marianne
Fleming, PT

**Certified Exercise Expert for
the Aging Adult (CEEAA)**



THURS FEB
24TH at 11AM

RSVP BY 02/21 – 765.464.8080

ARTS OR CRAFTS

PLASTIC CANVAS CRAFT TIC TAC TOE BOARD

Date: FRI FEB 25TH
Time: 11AM-12:30PM



RSVP BY 02/23 – 765.464.8080
MUST RSVP TO ENSURE SUPPLIES

A SENIOR COMMUNITY *without* WALLS

February 2022

Calendar of events

	TUESDAY 01 2pm SilverSneakers Strength & Balance 3pm Ice Cream Social	WEDNESDAY 02 10am SilverSneakers Strength & Balance 1:30pm Euchre	THURSDAY 03 10am SilverSneakers Strength & Balance	FRIDAY 04 2pm Chair Yoga Video Instructed
MONDAY 07 10am SilverSneakers Strength & Balance 2pm Tai Chi Video Instructed	TUESDAY 08 2pm SilverSneakers Strength & Balance 3pm Ice Cream Social	WEDNESDAY 09 10am SilverSneakers Strength & Balance 1:30pm Euchre	THURSDAY 10 10am SilverSneakers Strength & Balance	FRIDAY 11 9:30am Kiwanis Doll Stuffing 2pm Chair Yoga Video Instructed
MONDAY 14 10am SilverSneakers Strength & Balance 2pm Tai Chi Video Instructed	TUESDAY 15 2pm SilverSneakers Strength & Balance 3pm Ice Cream Social	WEDNESDAY 16 10am SilverSneakers Strength & Balance 1:30pm Euchre	THURSDAY 17 10am SilverSneakers Strength & Balance 11:30am Hello Friend Brunch & Learn Special guest presentation at 12:15pm – RSVP Required	FRIDAY 18 2pm Chair Yoga Video Instructed
MONDAY 21 10am SilverSneakers Strength & Balance 11am- Lion's Club Vision Screening 2pm Tai Chi Video Instructed	TUESDAY 22 2pm SilverSneakers Strength & Balance 3pm Ice Cream Social	WEDNESDAY 23 10am SilverSneakers Strength & Balance 1:30pm Euchre	THURSDAY 24 10am SilverSneakers Strength & Balance 11am Lafayette Rehab Services Workshop	FRIDAY 25 11am – 12:30pm Arts or Crafts – Plastic Canvas 2pm Chair Yoga Video Instructed
MONDAY 28 10am SilverSneakers Strength & Balance 11am Saint Anthony Educational Workshop 2pm Tai Chi Video Instructed	BECOME A CLUBHOUSE MEMBER TODAY! \$39/MONTH			



A Senior Living Community
WITHOUT WALLS
 765.464.8080
 homecarebydesign.com

The Clubhouse
 925 Sagamore Pkwy W.
 West Lafayette, IN 47906

JOIN NOW!