

AUGUST 2022

Calendar of events

MONDAY 01

10am SilverSneakers
Strength & Balance

2pm Tai Chi
Video Instructed



TUESDAY 02

2pm SilverSneakers
Strength & Balance

3pm Ice Cream Social



WEDNESDAY 03

10am SilverSneakers
Strength & Balance

1pm Euchre



THURSDAY 04

10am SilverSneakers
Strength & Balance

FRIDAY 05

2pm Chair Yoga
Video Instructed



MONDAY 08

10am SilverSneakers
Strength & Balance

11am Safety Awareness
& Basic Self-Defense Part 2

2pm Tai Chi
Video Instructed



TUESDAY 09

2pm SilverSneakers
Strength & Balance

3pm Ice Cream Social



WEDNESDAY 10

10am SilverSneakers
Strength & Balance

1pm Euchre



THURSDAY 11

10am SilverSneakers
Strength & Balance

FRIDAY 12

9:30am Kiwanis Doll
Stuffing

2pm Chair Yoga
Video Instructed



MONDAY 15

10am SilverSneakers
Strength & Balance

2pm Tai Chi
Video Instructed



TUESDAY 16

2pm SilverSneakers
Strength & Balance

3pm Ice Cream Social



WEDNESDAY 17

10am SilverSneakers
Strength & Balance

1pm Euchre



THURSDAY 18

10am SilverSneakers
Strength & Balance

11:30am Hello Friend
Brunch & Learn
RSVP REQUIRED

FRIDAY 19

2pm Chair Yoga
Video Instructed



MONDAY 22

10am SilverSneakers
Strength & Balance

11am Anthem
Nutrition Presentation

2pm Tai Chi
Video Instructed



TUESDAY 23

2pm SilverSneakers
Strength & Balance

3pm Ice Cream Social



WEDNESDAY 24

10am SilverSneakers
Strength & Balance

1pm Euchre



THURSDAY 25

10am SilverSneakers
Strength & Balance

11am Managing
Diabetes Presentation

FRIDAY 26

2pm Chair Yoga
Video Instructed



MONDAY 29

10am SilverSneakers
Strength & Balance

11am WLPD - Identity
Theft Awareness

2pm Tai Chi
Video Instructed



TUESDAY 30

2pm SilverSneakers
Strength & Balance

3pm Ice Cream Social



WEDNESDAY 31

10am SilverSneakers
Strength & Balance

1pm Euchre



**MONTHLY
MEMBERSHIP \$39**



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The Clubhouse
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West Lafayette, IN 47906

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Community connection

AUGUST 2022

EVENTS & PRESENTATIONS

Safety Awareness & Basic Self-Defense Presentation Part 2



Presenter: Patrolman Marcus Slifer



MON AUG 8th at 11AM

RSVP REQUIRED BY 08/05 - 765.464.8080

Managing Life After Diabetes Presentation



Presenter: Miranda Boucher, RN



THURS AUG 25th at 11AM

RSVP REQUIRED BY 08/24 - 765.464.8080

Hello Friend



BRUNCH & LEARN

Presenter: Logan Savage, OTR
Topic: Stroke Education & Recovery



THURS AUG 18th at 11:30AM

Presentation at 12:00pm

RSVP REQUIRED BY 08/15 - 765.464.8080

Identity Theft Awareness Presentation



Presenter: WLPD Sgt. Troy Greene



MON AUG 29th at 11AM

RSVP REQUIRED BY 08/26 - 765.464.8080

Anthem Nutrition Presentation



Presenter: Lucas Nieves



MON AUG 22nd at 11AM

RSVP REQUIRED BY 08/19 - 765.464.8080

**PLAY EUCHURE
EVERY WEDNESDAY
AT 1 PM**



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