



COMMUNITY *connection* for Seniors

January 2020

Find out what's new at the
EDUCATION & EVENT CENTER

Did you know? In 2019, UnitedHealthcare, the largest insurance carrier in the United States, announced that SilverSneakers would no longer be a plan benefit. The change affects the entire UnitedHealthcare family of products including the plans endorsed by the American Association of Retired Persons (AARP). Sam Warner, who leads UHC's Medicare Advantage product team, noted that "over 90 percent of policyholders who are eligible for SilverSneakers "never step foot in a gym." While his statement may in fact be true, most active adults with the benefit did not enjoy the environment of most gyms. While having the benefit gets people in the door – it doesn't keep them coming back.

Homecare By Design has found almost all of our SilverSneakers members that attend one or more classes a week continue to come back because they are working out with people their age and the exercises are specifically designed to be low-impact while targeting problem areas specific to their demographic needs. **Call us today to find out how you can try a SilverSneakers class FREE before you sign up!**

Not sure of your SilverSneakers Status? Call 866-584-7389
Strength & Balance Class Schedule

Tuesday: 2pm-3pm
Thursday: 10am-11am



Caring
for YOU
& YOUR
home so
you never
have to
leave!

917 Sagamore Pkwy W. • West Lafayette

Other Homecare By Design Services:

Personal Service Agency 765.446.8080

Membership: Some of our services can be provided on an "ala carte" basis such as our **Clubhouse Only Membership at just \$39/month**. But, did you know you can save more money and time by bundling services together to make a complete package tailor-made just for you! Our *Active Lifestyle Membership* is a popular package that combines the Clubhouse Membership for year-round activities, the NEW Members only Handyman Service & for even more peace of mind **Guaranteed access to our Award-Winning Homecare Services**, if needed 4-24 hours a day. You may also include our **Hospital to home** service to support you during a hospital stay, communicate with loved ones on your behalf, drive you home at discharge, stay with you if needed, pick up medications, groceries and arrange follow up appointments. Life just got easier! Setting Appointments for February. **CALL NOW!**

**CALL US TODAY FOR A
FREE *Membership Consultation!***

Is your organization looking for a new location to host weekly or monthly meetings? Our 6,000 sq ft clubhouse is easily accessible with hassle free parking, ADA compliant, and can seat up to 80 people.

Contact Sabrina at marketing@homecarebydesign.com or call 765.464.8080 to schedule a tour of the clubhouse.





February 2020



Calendar of *events*

RSVP to our monthly

Hello Friend Brunch & Learn by Monday the 17th.

Featuring a special presentation each month.

Call 765.464.8080

SUNDAY 02

6pm
Men's Sports Club
Superbowl LIV Kickoff
Party
(Open to Public)

MONDAY 03

11am Life Group
12pm DIY Project
Homemade Candles -\$5
2pm Film Society
"A Night At The Opera"

TUESDAY 04

12pm Tech Talk
2pm
SilverSneakers
Strength & Balance

WEDNESDAY 05

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 06

10am
SilverSneakers
Strength & Balance

FRIDAY 07

12pm
Board Games & Coffee

MONDAY 10

11am Life Group
12pm DIY Project
Rock Painting - \$5
2pm Film Society
"Arsenic and Old Lace"

TUESDAY 11

12pm Tech Talk
2pm
SilverSneakers
Strength & Balance

WEDNESDAY 12

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 13

10am
SilverSneakers
Strength & Balance

FRIDAY 14

9am
Kiwanis Doll Stuffing
12pm
Board Games & Coffee

MONDAY 17

11am Life Group
12pm DIY Project
Valentine Lavender
Sachets - \$5
2pm Film Society
"Father of the Bride"

TUESDAY 18

12pm Tech Talk
2pm
SilverSneakers
Strength & Balance

WEDNESDAY 19

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 20

10am
SilverSneakers
Strength & Balance
11:30am
Hello Friend Brunch & Learn
(Open to Public)
Special Guest Presentation - RSVP
Required

FRIDAY 21

10:30am
Book Club Meeting
12pm
Board Games & Coffee

MONDAY 24

11am Life Group
12pm DIY Project
Glass Terrariums - \$15
2pm Film Society
"The Long, Long Trailer"

TUESDAY 25

12pm Tech Talk
2pm
SilverSneakers
Strength & Balance

WEDNESDAY 26

10am Private Event
2pm Chair Yoga
Video Instructed
3pm Zumba Gold
Video Instructed

THURSDAY 27

10am
SilverSneakers
Strength & Balance

FRIDAY 28

12pm
Board Games & Coffee
2pm
Celebration of Life Support
Group
5pm - 6:30pm
Private Event

The Clubhouse offers a variety of activities, workshops and seminars that are all open to the community.

Please Note - PINK events/activities are NEW! Paid Entry events/activities are FREE to Members.



A Senior Living
Community
WITHOUT WALLS

765.464.8080
homecarebydesign.com

The Clubhouse

917 Sagamore Pkwy W.
West Lafayette, IN 47906