



COMMUNITY

connection

for Seniors

NOVEMBER 2019

Find out what's new at the
EDUCATION & EVENT CENTER



Looking into the Future:

Homecare By Design's Community Without Walls is looking for a group of committed seniors to become "Pink Glove Ambassadors" for our NEW Pink Glove Society. Pink Glove Ambassadors will work closely with our Lifestyle Enrichment Leader, Sabrina to lay a foundation for the society going into the new year. An ambassador should be or want to be involved in the local community, participate in organizing and leading fundraisers, and hosting meetings here at the clubhouse at least once a month for all society members. If you are looking for an organization within the community that gives purpose give us a call 765.464.8080 - for more details.

Health Care Trivia:

Which of these activities can cut your risk of heart disease roughly in half?

- A. Regular Walks
- B. Jogging
- C. Aerobics Classes
- D. All of the Above
- E. None of the Above

Quality Creativity: Creativity is not only a great outlet for anyone, but it also helps with maintaining/improving memory, coordination, & dexterity. For our Monday Do-It-Yourself projects, we'll help you create various works of DIY Art from start to finish. Please call in advance to reserve your spot – we'll gather the supplies and have a seat waiting for you!



Caring
for **YOU**
& **YOUR**
home so
you never
have to
leave!

917 Sagamore Pkwy W. • West Lafayette

Other Homecare By Design Services:

Personal Service Agency
765.446.8080

Membership: Did you know?

Some of our services can be provided on an "ala carte" basis such as our **Clubhouse Only Membership at just \$39/month**. But, did you know you can save more money and time by bundling services together to make a complete package tailor-made just for you! A popular package is combining the Clubhouse for year-round activities, the NEW Members only Handyman Service & for even more peace of mind **Guaranteed access to our Award-Winning Homecare Services**, if needed 4-24 hours a day. You may also include our **Hospital to home** service to support you during a hospital stay, communicate with loved ones on your behalf, drive you home at discharge, stay with you if needed, pick up medications, groceries and arrange follow up appointments. Life just got easier! Setting Appointments for November. **CALL NOW!**

Paint the Town Pink: This month Homecare By Design will be collecting food for Lafayette Urban Ministry's annual Community Thanksgiving Celebration. Canned Good donations and Coffee donations will be collected from November 1st through the 27th. Pie donations will be collected on the 27th. Items will be delivered to Central Presbyterian Church on the morning of Thanksgiving Day.

NOVEMBER 2019

Calendar of *events*

The Education & Event Center offers a variety of activities, workshops and seminars that are all open to the community.

•Please Note – **PINK** events are paid entry only, but are **FREE** for community Without Walls Members.

FRIDAY 01

1pm Men's Sports Club
5pm-6:30pm Private Event

MONDAY 04

11am Life Group
12pm **DIY Project (Fall Candles) - \$10**
2pm Film Society "Food Choices"

TUESDAY 05

12pm Tech Talk
2pm Silver Sneakers Strength & Balance

WEDNESDAY 06

10am Private Event
2pm Chair Yoga
3:30pm BOOM Move!

THURSDAY 07

10am Silver Sneakers Strength & Balance
2pm Pen Pal Seniors

FRIDAY 08

9am Kiwanis Doll Stuffing
1pm Men's Sports Club
2pm Dementia Support Group

MONDAY 11

11am Life Group
12pm **DIY Project (Photo Coasters) - \$8**
2pm Film Society "The Lake House"

TUESDAY 12

12pm Tech Talk
2pm Silver Sneakers Strength & Balance

WEDNESDAY 13

10am Private Event
2pm Chair Yoga
3:30pm BOOM Move!

THURSDAY 14

10am Silver Sneakers Strength & Balance
11:30am **Bakers Club (Pie-in-Jar) - \$12**

FRIDAY 15

10am Book Club
1pm Men's Sports Club

MONDAY 18

11am Life Group
12pm **DIY Project (Pumpkin Succulent Decoration) - \$10**
2pm Film Society "Mamma Mia!"

TUESDAY 19

12pm Tech Talk
2pm Silver Sneakers Strength & Balance

WEDNESDAY 20

10am Private Event
2pm Chair Yoga
3:30pm BOOM Move!

THURSDAY 21

10am Silver Sneakers Strength & Balance
11:30am Thanksgiving Brunch *Bring a dish*

FRIDAY 22

1pm Men's Sports Club
2pm Dementia Support Group

MONDAY 25

11am Life Group
12pm **DIY Project (Homemade Soap) - \$8**
2pm Film Society "Groundhog Day"

TUESDAY 26

12pm Tech Talk
2pm Silver Sneakers Strength & Balance

WEDNESDAY 27

10am Private Event
2pm Chair Yoga
3:30pm BOOM Move!

THURSDAY 28

Happy Thanksgiving

FRIDAY 29

1pm Men's Sports Club

Paint the Town Pink

November Charity: Lafayette Urban Ministry

Drop-Off Location: CWW Education & Event Center

***Items in Need:** Canned Goods, Coffee Donations, Pies
* See back for details



A Senior Living Community
WITHOUT WALLS

765.464.8080
homecarebydesign.com

EDUCATION & EVENT CENTER

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West Lafayette