



Seasonal Calendar

Winter/Spring Events
at the Senior Community Without Walls Clubhouse

Weekly Events

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
11a: Life Group Bible Study	11a: Health Documentaries	11a: How to Use Facebook	10a: Mens' Coffee & Conversation	11a: Meditative Adult Coloring
2p: Senior 'Tech Talk'	2p: Senior Living Options	2p: Board & Card Games	2p: Classic Film Screenings	2p: Womens' Book Club
4p: Stretch & Strength Class	4p: Personal Training w/ Mike	4p: Yoga & Posture Exercise Class	4p: Personal Training w/ Mike	4p: Group Chair Exercise

Special Events

OPEN TO THE PUBLIC; PLEASE RSVP AT LEAST ONE WEEK IN ADVANCE.

WINTER/
SPRING
CALL-OUT

"HELLO FRIEND"

Come make friends at upcoming events with like-minded people, enjoy interesting topics & help us plan for committees, presentations & parties.

FEB 14th
12 Noon

SWEETHEART PARTY

Singles and couples enjoy a light lunch, "mocktails", old time love songs, Valentine Trivia games & more. Bring a friend or special someone along!

MAR 16th
2pm

HISTORIC & TRAVEL "SHOW & TELL" HOUR

Bring an item with a story to tell. Share your tale from history or travels in life over refreshments with a group of like-minded tale-tellers.

APR 5th
11:30am

HELLO FRIEND LUNCH GATHERING

Winter is ending and its time to say goodbye to lonely and hello to new friends and adventures in 2018. Bring a friend or come make a new one.

MAY 11th
2pm

MOTHER DAUGHTER TEA

Enjoy a special tea over live music with a family member or friend. Lovely refreshments will be served on this special day celebrating women.

FIRST TIME GUESTS RECEIVE ONE MONTH COMPLIMENTARY MEMBERSHIP PASS.