

FEBRUARY 2017

Activity Calendar at the Senior Community Without Walls

**917 SAGAMORE PKWY W,
WEST LAFAYETTE, IN
765.464.8080**

01	WEDNESDAY	02	THURSDAY	03	FRIDAY
10AM	World News & Current Events Discussion	9 ³⁰ AM	Rise & Shine Yoga	11AM	Adult Coloring (Materials Provided)
1PM	Board & Card Games	1PM	Chair Exercise	1PM	Bridge Lessons
2 ³⁰ PM	Yoga & Posture	2PM	Master Gardener Presentation	2PM	Zumba Gold
3 ³⁰ PM	Jeopardy Game	5 ³⁰ PM	Membership Presentation	3 ³⁰ PM	Music & Coffee

06	MONDAY	07	TUESDAY	08	WEDNESDAY	09	THURSDAY	10	FRIDAY
11AM	Life Group Bible Study	10AM	Bridge Lessons	10AM	World News & Current Events Discussion	9 ³⁰ AM	Rise & Shine Yoga	11AM	Adult Coloring (Materials Provided)
1PM	Sports Nostalgia for men	11 ³⁰ AM	Membership Presentation	1PM	Board & Card Games	1PM	Chair Exercise	1PM	Bridge Lessons
2PM	Zumba Gold	1PM	Balance Class	2 ³⁰ PM	Yoga & Posture	2 ⁴⁵ PM	Theatre Thursday - To Kill a Mockingbird	2PM	Zumba Gold
4PM	Yoga & Posture	2PM	Indoor Walking	3 ³⁰ PM	Jeopardy Game	5 ³⁰ PM	Membership Presentation	3 ³⁰ PM	Music & Coffee
		3 ³⁰ PM	B.Y.O. Stitches					5 ³⁰ PM	Wine & Canvas (Invitation Only)

13	MONDAY	14	TUESDAY	15	WEDNESDAY	16	THURSDAY	17	FRIDAY
11AM	Life Group Bible Study	10AM	Bridge Lessons	10AM	World News & Current Events Discussion	9 ³⁰ AM	Rise & Shine Yoga	11AM	Adult Coloring (Materials Provided)
1PM	Sports Nostalgia for men	11 ³⁰ AM	Membership Presentation	1PM	Board & Card Games	1PM	Chair Exercise	1PM	Bridge Lessons
2PM	Zumba Gold	1PM	Lovers' Luncheon	2PM	Prophetstown State Park Presentation	2PM	'Quilting Bee' by Americus	2PM	Zumba Gold
3PM	Tea Tasting & Culture	2PM	Indoor Walking	3 ³⁰ PM	Jeopardy Game	5 ³⁰ PM	Membership Presentation	3 ³⁰ PM	Music & Coffee
4PM	Yoga & Posture	3 ³⁰ PM	B.Y.O. Stitches						

20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY
11AM	Life Group Bible Study	10AM	Bridge Lessons	10AM-2PM	DISCOVERY DAY Preview Activities & Services!	9 ³⁰ AM	Rise & Shine Yoga	11AM	Adult Coloring (Materials Provided)
1PM	Sports Nostalgia for men	11 ³⁰ AM	Membership Presentation	2 ³⁰ PM		Open Consultations	1PM	Chair Exercise	1PM
2PM	Zumba Gold	1PM	Balance Class			2 ⁴⁵ PM	Theatre Thursday - Hello Dolly	2PM	Southern Care: "Calming Coloring" Presentation
3PM	Tea Tasting & Culture	2PM	Indoor Walking			5 ³⁰ PM	Membership Presentation	2PM	Zumba Gold
4PM	Yoga & Posture	3 ³⁰ PM	B.Y.O. Stitches					3 ³⁰ PM	Music & Coffee

27	MONDAY	28	TUESDAY
11AM	Life Group Bible Study	10AM	Bridge Lessons
1PM	Sports Nostalgia for men	11 ³⁰ AM	Membership Presentation
2PM	Zumba Gold	1PM	Balance Class
3PM	Tea Tasting & Culture	2PM	Guest: Director of the Art Museum of Lafayette
4PM	Yoga & Posture	3 ³⁰ PM	B.Y.O. Stitches

See reverse
for details!



highlights this month...

WED 2/22 DISCOVERY DAY

Have you ever wanted to see what the Senior Community Without Walls is all about? What if you could come for a few hours to preview some of the activities, special events, and services we offer daily? Join us on "Discovery Day" to do just that! We'll have multiple stations set up with different "samples" for you to try! Guest speakers, fitness class instruction, bistro samples, Bridge club, and MUCH more will be going on throughout the day for you to explore at your leisure. Stop by for a bit or stay for the entire session, 10am-2pm! Open Consultations immediately following.

SPECIAL GUEST SPEAKERS DATES VARY

Learn new things! Broaden your horizons! See our special guests present this month:

Thurs, 2/2: Master Gardeners shares gardening secrets & how-tos at 2pm

Wed, 2/15: A Prophetstown State Park representative shares about the park at 2pm

Thurs, 2/16: Americus Group stitches together a presentation on the "Quilting Bee" at 2pm

Fri, 2/24: Southern Care presents on using coloring to soothe your mind and soul at 2pm

Tues, 2/28: The Director of the Art Museum of Lafayette shares about local art at 2pm

TUES 2/14 LOVERS' LUNCHEON

Love is beautiful thing when it is shared, and should be celebrated at every opportunity. This Valentine's Day, you and your loved one are invited to a romantic lunch, catered and served in a sweet setting. Pairs of all kinds are invited to share the love - couples, parent-child, best friends, or whoever you just want to show your love to! Cost is \$20 per couple. Please RSVP by Friday, 2/10 so we can make appropriate arrangements. Call 765.464.8080 or email us at activities@homecarebydesign.com. Hope to see your sweet self there!

MEMBERSHIP PRESENTATIONS MON 2/6

What is the Senior Community Without Walls? Will it work for me and fit my retirement goals? What does it mean to become a 'member'? Learn all of this and more at any of our Membership Presentations. We'll cover retirement options for seniors, the pros and cons of each option, and explain the ins and outs of our Membership Program. There's no sales pitch and no pressure to sign up - just information provided by experts in the senior care field. Sessions are held Tuesdays @ 11:30am and Thursdays @ 5:30pm. Please call ahead if attending for planning purposes.